

Edmondsley Primary PSHCE KS1 and KS2 Long term plan outline

Continuous provision

- Celebration Assembly - Weekly on Fridays - Celebrating and sharing achievements to foster sense of pride and sharing in reaching goals/achievement. Parents attendance allowed on occasion.
- Regular PSHCE focussed assemblies for parents to attend. Year 1 to Year 6.
- Playground buddies - Nursery playground and Main school playground.
- Twice weekly PSHCE focussed/growth mindset focussed assembly related to area of focus for the half term. Delivered by PSHCE Lead.
- Harvest Festival celebration and yearly Remembrance Event - Community members invited.
- NSPCC Child line Bi-annually
- Fairtrade fair held annually with learning to the different lives, cultures and societies of others

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	<p>PSHCE focus What's New?</p> <p>Growth Mindset focus: Believe In Yourself</p> <p>SRE focus: identify and respect the differences and similarities between people.</p>	<p>PSHCE focus: Me and My Community</p> <p>Growth Mindset focus: Be Grateful</p> <p>SRE focus: identify and respect the differences and similarities between people.</p>	<p>PSHCE focus: Everyone Aims High At Edmondsley</p> <p>Growth Mindset focus: Be Persistent</p> <p>SRE focus: Know about the process of growing from young to old and how people's needs change</p>	<p>PSHCE focus: Strive To Be the Best I Can Be</p> <p>Growth Mindset focus: Be Unique, Be you</p> <p>SRE focus: Know about the process of growing from young to old & how people's needs change.</p>	<p>PSHCE focus: I is in United, Teamwork's the prize</p> <p>Growth Mindset focus: Challenges Make You Stronger</p> <p>SRE focus: Know how some diseases are spread and can be controlled and the responsibilities they have for their own health.</p>	<p>PSHCE focus: What's Next?</p> <p>Growth Mindset focus: Effort is Key</p> <p>SRE focus: Know how some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others</p>
2	<p>PSHCE focus What's New?</p> <p>Growth Mindset focus: How do others see your belief in yourself</p> <p>SRE focus: Understand that people's bodies and feelings can be hurt.</p>	<p>PSHCE focus: Me and My Community</p> <p>Growth Mindset focus: Be Grateful</p> <p>• SRE focus: Understand that there are different types of teasing and bullying, that these are wrong & unacceptable.</p>	<p>PSHCE focus: Everyone Aims High At Edmondsley</p> <p>Growth Mindset focus: Be Persistent</p> <p>SRE focus: Understand what types of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond to these.</p>	<p>PSHCE focus: Strive To Be the Best I Can Be</p> <p>Growth Mindset focus: Be Unique, Be you</p> <p>SRE focus: Understand what types of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond to these.</p>	<p>PSHCE focus: I is in United, Teamwork's the prize</p> <p>Growth Mindset focus: Challenges Make You Stronger</p> <p>SRE focus: Know what change and loss means and the feelings associated with them (such as moving home, losing toys, pets or friends)</p>	<p>PSHCE focus: What's Next?</p> <p>Growth Mindset focus: Effort is Key</p> <p>SRE focus: Know what change and loss means and the feelings associated with them (such as moving home, losing toys, pets or friends)</p>

Cycle A Year 3/4 Year 4/5	<p>PSHCE focus What's New?</p> <p>Growth Mindset focus: Believe In Yourself and know yourself</p> <ul style="list-style-type: none"> • SRE focus: I know what a positive, healthy relationship is & how to develop & maintain this. 	<p>PSHCE focus: Me and My Community</p> <p>Growth Mindset focus: Be Grateful</p> <ul style="list-style-type: none"> • SRE focus: Realise the consequences of anti-social and aggressive behaviours such as bullying and discrimination. 	<p>PSHCE focus: Everyone Aims High At Edmondsley</p> <p>Growth Mindset focus: Be Persistent</p> <p>SRE focus: I know people who are responsible for helping me stay safe and healthy and ways I can help these people</p>	<p>PSHCE focus: Strive To Be the Best I Can Be</p> <p>Growth Mindset focus: Be Unique, Be you</p> <p>SRE focus: I know people who are responsible for helping me stay safe and healthy and ways I can help these people</p>	<p>PSHCE focus: I is in United, Teamwork's the prize</p> <p>Growth Mindset focus: Challenges Make You Stronger</p> <p>SRE focus: I understand that bacteria and viruses can affect health and that following simple routines can reduce their spread.</p>	<p>PSHCE focus: What's Next?</p> <p>Growth Mindset focus: Effort is Key</p> <p>SRE focus: I understand that bacteria and viruses can affect health and that following simple routines can reduce their spread.</p>
Cycle B Year 3/4 Year 4/5	<ul style="list-style-type: none"> • PSHCE focus What's New? • Growth Mindset focus: Believe In Yourself and listen to positivity. • SRE focus: Realise the consequences of anti-social and aggressive behaviours/ bullying and discrimination. 	<ul style="list-style-type: none"> • PSHCE focus: Me and My Community • Growth Mindset focus: Be Grateful • SRE focus: I know what a positive, healthy relationship is & how to develop & maintain this. 	<ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley • Growth Mindset focus: Be Persistent • SRE focus: Understand when I should & should not keep something confidential or secret. 	<ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be • Growth Mindset focus: Be Unique, Be you • SRE focus: Understand when I should and should not keep something confidential or secret and when it is right to break this confidence. 	<ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize • Growth Mindset focus: Challenges Make You Stronger • SRE focus: Understand what kind of physical contact is acceptable and unacceptable, 	<ul style="list-style-type: none"> • PSHCE focus: What's Next? • Growth Mindset focus: Effort is Key • SRE focus: Understand what kind of physical contact is acceptable and unacceptable.
Cycle C Year 4/5 Year 3/4	<ul style="list-style-type: none"> • PSHCE focus What's New? • Growth Mindset focus: Believe In Yourself • SRE focus: Understand what positively and negatively affects my physical mental and emotional health (including media). 	<ul style="list-style-type: none"> • PSHCE focus: Me and My Community • Growth Mindset focus: Be Grateful • SRE focus: Understand what positively and negatively affects my physical mental and emotional health (including media). 	<ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley • Growth Mindset focus: Be Persistent • SRE focus: Recognise and manage dares. 	<ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be • Growth Mindset focus: Be Unique, Be you • SRE focus: Recognise and challenge stereotypes. 	<ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize • Growth Mindset focus: Challenges Make You Stronger • SRE focus: Understand the nature and consequences of discrimination (race). 	<ul style="list-style-type: none"> • PSHCE focus: What's Next? • Growth Mindset focus: Effort is Key • SRE focus: Understand the nature and consequences of discrimination (race).
Cycle A* Year 5/6	<ul style="list-style-type: none"> • PSHCE focus What's New? • Growth Mindset focus: Believe In Yourself • E focus: Recognise that increasing independence brings responsibility to keep myself & others safe. 	<ul style="list-style-type: none"> • PSHCE focus: Me and My Community • Growth Mindset focus: Be Grateful • SRE focus: Recognise that increasing independence brings responsibility to keep myself & others safe. 	<ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley • Growth Mindset focus: Be Persistent • SRE focus: Know what the equalities act is/relates to race, religion 	<ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be • Growth Mindset focus: Be Unique, Be you • SRE focus: Know what the equalities act is/relates to disability 	<ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize • Growth Mindset focus: Challenges Make You Stronger • SRE focus: Understand the consequences of teasing and bullying (mental health). 	<ul style="list-style-type: none"> • PSHCE focus: What's Next? • Growth Mindset focus: Effort is Key • SRE focus: Understand the nature and consequences of discrimination (sexuality & gender).

<p>Cycle B* Year 5/6</p>	<ul style="list-style-type: none"> • PSHCE focus What's New? • Growth Mindset focus: Believe In Yourself • SRE focus: Be aware of different types of relationship (families, marriage and civil partnerships). 	<ul style="list-style-type: none"> • PSHCE focus: Me and My Community • Growth Mindset focus: Be Grateful • SRE focus: Be aware of different types of relationship (families, marriage and civil partnerships). 	<ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley • Growth Mindset focus: Be Persistent • SRE focus: Know what the equalities act is/relates to age, gender. 	<ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be • Growth Mindset focus: Be Unique, Be you • SRE focus: Know what the equalities act is/relates to sexuality. 	<ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize • Growth Mindset focus: Challenges Make You Stronger • SRE focus: Understand the consequences of teasing and bullying (including LGBT) 	<ul style="list-style-type: none"> • PSHCE focus: What's Next? • Growth Mindset focus: Effort is Key • SRE focus: Understand the nature and consequences of discrimination (sexuality and gender).
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* Recognise how my body will change as I approach and move through puberty and understand the emotional changes which happen during puberty – School nurse – Puberty afternoon talks (Year 6 boys, Year 5 (periods only) and 6 girls).