




Home Learning Grid



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| Week beginning: | 1 st February 2021 | | |
| Class name: | <p>Stag Class - Please complete extension activities if you feel you would like to do some more work once you have done your main activity. There are additional activities on the final pages, including activities to concentrate on your well-being. Please visit our class page on our school website for daily physical exercises and games.</p> <p>Remember to upload your work to teams or take a picture and send it to our email address.</p> <p>Class email - Year56@edmondsley.durham.sch.uk</p> | | |
| | English | Maths | Fun Foundation |
| <p>Monday</p> <p>Get the week off to a great start with being fit and healthy with Joe Wicks at https://www.youtube.com/playlist?list=PLyCLOpd4VxBuPuwfVuS-OBtK_kZqJcX-b</p> | <p>Spellings: children to complete their spelling test for this week. Please send their scores via the class email.</p> <p>New spellings for years 5 and 6 can be found on the website on our class page. Children to look up their meaning in a dictionary (you can use a paper one or an online one) and then write their spellings in a sentence.</p> <p>Sentences must begin with a fronted adverbial.</p> <p>Spend 20 minutes practising new spellings on Spelling Shed.</p> <p>Please complete your assignments on Spelling Shed throughout the week.</p> | <p>Lesson 1:</p> <p>Year 5 - What is a fraction?</p> <p>Instructional video: https://vimeo.com/498327271</p> <p>Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-WO1-What-is-a-fraction_-2019.pdf</p> <p>Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-ANS1-What-is-a-fraction_-2019.pdf</p> <p>Year 6 - Fractions to decimals</p> <p>Instructional video: https://vimeo.com/491970120</p> <p>Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/10/Y6-Spring-Block-1-WO9-Fractions-to-decimals-2-2019.pdf</p> <p>Answer sheet: https://resources.whiterosemaths.com/wp-</p> | <p>Helen Ahpornisiri is an illustrator who creates images made using only real flowers, petals, stems and leaves which have been collected and dried out.</p> <p>You can see how she does it by watching this video: https://www.youtube.com/watch?v=CD2ssxuTjLA&pbjreload=101</p> <p>Your task is to draw the outline of a squirrel, or other woodland creature and fill it up in the same style - using different shaped leaves, flowers, stems etc. Leave your image black and white, showing just the outlines of the shapes.</p> <p>Try one of the well-being suggestions at the end</p>  |

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| | | content/uploads/2019/10/Y6-Spring-Block-1-ANS9-Fractions-to-decimals-2-2019.pdf Please complete your assignments on Maths Shed throughout the week. | of the learning grid. How does it make you feel? |
| Tuesday Arithmetic - Have a go at the arithmetic papers which I have set on your TEAMS accounts. | Spellings and story writing Yesterday you defined your spelling words using a dictionary. Today I would like you to put your spellings into a story. But before you do that, I would like you to write your spellings down and then write the antonym of that word. e.g. vicious/gentle Now put these spelling words and the antonyms into a story. <u>Your story must:</u> <ul style="list-style-type: none"> Contain two characters Be at least three paragraphs long. Include at least two sets of speech <ul style="list-style-type: none"> Use fronted adverbials & prepositions to start sentences. Use a range of conjunctions to extend your sentences. | Lesson 2: Year 5 - Equivalent fractions Instructional video: https://vimeo.com/498327458 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-WO2-Equivalent-fractions-1-2019.pdf Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-ANS2-Equivalent-fractions-1-2019.pdf Year 6 - Understanding Percentages Instructional video: https://vimeo.com/492101741 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2020/01/Y5-Spring-Block-3-WO8-Understand-percentages-2019.pdf Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2021/01/Y5-Spring-Block-3-ANS8-Understand-percentages-2019.pdf | French - Let's continue with our online French learning. Go to https://www.languageangels.com/schools and click login in the top right hand side of the screen. Click on Login pupil games and enter the details: Username stag Password french Have a go at the new module I have set for you: Le Week-end Complete the picture, quiz and word games. Extension - Have a go at completing the sound games where you have to listen and spell the word. Try one of the well-being suggestions at the end of the learning grid. How does it make you feel? |
| Wednesday Start the day with a book - Read one from Rising | Go to https://www.bbc.co.uk/bitesize/articles/zbkbqwx and listen to be a cat, read by Rugby player Maro Itoje Watch both videos, listening carefully and taking notes of the parts you think are really interesting. | Lesson 3: Year 5 - Equivalent fractions 2 Instructional video: https://vimeo.com/498327611 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y5-Spring-Block-2-WO1-Equivalent-fractions-2019.pdf | Music - These words below are used to describe pieces of music being played. What do they mean? Research their meaning and then listen to a piece of music - can you describe it using the correct musical terminology? You will need this information for next week too: |

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| <p>Stars or your own from home - 20 minutes.</p> | <p>Then complete the two activities below:</p> <p>Activity 1 Make a table like the one below, write down the dialogue that you liked or found interesting. In the next column, write about how this helps you to understand the character or moves the action along (or both!). In the third column, explain what this combination shows to you, the reader.</p> <p>Activity 2 Re-read this extract and think about what impressions you get of Barney's room (from his new perspective).</p> <p>When you are thinking of your 'impression' keep it very simple. You only need one or two words. Then, find the evidence in the text that supports what you think. Record your work in a table.</p> | <p>Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y5-Spring-Block-2-ANS1-Equivalent-fractions-2019.pdf</p> <p>Year 6 - Fractions to percentages Instructional video: https://vimeo.com/492449530</p> <p>Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y6-Spring-Block-2-WO1-Fractions-to-percentages-2019.pdf</p> <p>Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y6-Spring-Block-2-ANS1-Fractions-to-percentages-2019.pdf</p> | <p>allegro andante adagio dynamics forte tempo texture pitch staccato pulse</p> <p>Activity 2 - watch the video on pulse and rhythm at https://classroom.thenational.academy/lessons/understanding-pulse-and-rhythm-chj3cr</p> |
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| <p>Thursday</p> <p>Arithmetic - Have a go at the arithmetic papers which I have set on your TEAMS accounts.</p> | <p>Re-watch the videos you watched yesterday at https://www.bbc.co.uk/bitesize/articles/zbkbgwx</p> <p><u>Try writing in the style of Matt Haig</u></p> <p>Re-read both extracts and consider Matt Haig's style as an author. What is his relationship with his reader like? (he lets us in to the narrative and trusts us). What is his style? (he uses dialogue and he uses description). What type of vocabulary does he use? (he uses relevant vocabulary and it is not too challenging).</p> <p>Think about these points and challenge yourself to write the next chapter, use these five suggestions to start you off.</p> <p>How will your chapter start? Will you end the chapter on a cliff hanger? Which character(s) will be in your chapter? Will there be any dialogue and what job will it do?</p> | <p>Lesson 4:</p> <p>Year 5 - Fractions greater than 1 Instructional video: https://vimeo.com/498362964 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-WO4-Fractions-greater-than-1-2019.pdf Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y4-Spring-Block-3-ANS4-Fractions-greater-than-1-2019.pdf</p> <p>Year 6 - Fractions, Decimals and Percentages Instructional video: https://vimeo.com/492474663 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y6-Spring-Block-2-WO2-Equivalent-FDP-2019.pdf Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y6-Spring-Block-2-ANS2-Equivalent-FDP-2019.pdf</p> | <p>PSHCE Activity 1 -</p> <p>We are almost at the end of a half term (1 more week to go) and I am so proud of you all for trying your best with home learning and completing some fantastic work for me to see.</p> <p>What I would like you to do is write a list of all the learning you have done at home in the past five weeks! Your parents could help you if you need to. As you are doing it, think about the work you have really enjoyed and the bits which you really didn't! What have you learnt which you didn't know 5 weeks ago?</p> <p>Now, Look at the list...how proud do you feel of yourself for having the determination and focus to do everything you have?</p> |
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| | <p>What impact do you want to have on your reader and how do you want them to feel at the end of your chapter?</p> | | <p>Activity 2 -</p> <p>Can you remember our school promise? Which statements do you think you have shown in the past five weeks? Write the school promise out on every other line.</p> <p>On the lines you have missed, write down one thing you have done (or will do in the next half term) to show this promise.</p> <p>Try one of the well-being suggestions at the end of the learning grid. How does it make you feel?</p> |
| <p>Friday Finish the week off with being fit and healthy with Joe Wicks at https://www.youtube.com/playlist?list=PLyCLOpd4VxBuPufVuS-OBtK_kZqJCX-b</p> | <p>This week is National story telling week and you have done a lot of story-telling, well done! But who is your favourite story teller? Research their life and the books they have read and then write a biography about them. What inspired them to write? Can you write a synopsis of their first book? What interesting facts can you find? Which books of theirs have you read? Which one was the best?</p> | <p>Lesson 5: Year 5 - Improper fractions to mixed numbers Instructional video: https://vimeo.com/498991812</p> <p>Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y5-Spring-Block-2-WO2-Improper-to-mixed-numbers-2019.pdf</p> <p>Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2020/08/Y5-Spring-Block-2-ANS2-Improper-to-mixed-numbers-2019.pdf</p> <p>Year 6 - Ordering Fractions, Decimals and Percentages</p> | <p><u>Science:</u> We have been looking at evolution and inheritance in science and as you know, Charles Darwin was a very famous scientist in this field.</p> <p>Your task today is to research Charles Darwin and create a facts sheet about him.</p> <p>Feel free to structure this in your own way by presenting your writing in an eye-catching and interesting way.</p> <p>You may want to use paper and colouring pens or even PowerPoint or Publisher. The choice is yours!</p> |

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| | | Instructional video: https://vimeo.com/497582311 Question sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y6-Spring-Block-2-WO3-Order-FDP-2019.pdf Answer sheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y6-Spring-Block-2-ANS3-Order-FDP-2019.pdf | |
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Online links information = *The links listed have been checked for content by a member of staff. However, streaming platforms may take the user to an additional video after the link has played. Children are also able to click on additional videos on most platforms. We strongly recommend that children are supervised at all times when using YouTube and other platforms to safeguard them from harmful content.

ADDITIONAL ACTIVITIES

<https://play.edshed.com/> All children have a log in for this and are able to access a range of resources in addition to their allocated assignments.

<https://www.lexiacore5.com/register> Children who have a Lexia account will still be able to login and access learning.

<https://learn.nessy.com/account/login#/accountLogin> Children who have a Nessy account will still be able to login and access learning.

<https://home.oxfordowl.co.uk/reading/free-ebooks/> Oxford Owl have a library of free ebooks available.

<https://www.durhammusic.org.uk/15minsofmusic> Daily at 9:15am Durham Music Service are offering a 15-minute music session, they will remain accessible throughout the day

P.E. Activity Grid

Below are a selection of video links and exercising ideas. Try and stay as active as you possibly can- exercising has lots of health benefits as well as impacting upon brain power and sleep patterns. Your timetable allows for 2 P.E. lessons per week. Feel free to repeat activities as many times as you wish. Have fun!

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| <p><u>Cosmic Yoga Kids</u> This contains a selection of themed yoga lessons and mindfulness sessions. https://www.youtube.com/user/CosmicKidsYoga</p> | <p><u>Go Noodle</u> A selection of movement and mindfulness videos. https://www.gonoodle.com/</p> | <p><u>Jack Hartmann</u> A selection of learning videos to actively participate in. https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ</p> |
| <p><u>Joe Wicks</u> Joe is back! Click on the link for a selection of child friendly work out videos! https://www.youtube.com/playlist?list=PLyCLOpd4VxBuPuwfVuS-OBtK_kZqJcX-b</p> | <p><u>Koo Koo Kangaroo</u> A firm favourite in Key Stage One! https://www.youtube.com/watch?v=Imhi98dHa5w&safe=active</p> | <p><u>Challenge!</u> Can you ride your bike, scooter, skateboard or use your roller skates to exercise outside for at least fifteen minutes?</p> |
| <p><u>Daily Exercise</u> Complete your daily exercise either in your garden or whilst on a walk. Talk about what you can see/ hear/ smell.</p> | <p><u>Jump start Jonny</u> Have a go at these fun workouts- get jumping today! https://www.jumpstartjonny.co.uk/home</p> | <p><u>Just Dance</u> Complete some fun dance activities! https://www.youtube.com/channel/UC_hIjW4BWKLqpojTrS_tX0mg</p> |

9 ACTIVITIES TO DO WITH YOUR CHILD AT HOME DURING LOCKDOWN TO HELP THEM LOOK AFTER THEIR MENTAL HEALTH



1 MINDFUL COLOURING

There are a number of great mindful colouring books that can boost creativity and help your child stay focused on the present moment



2 MY HAPPY PLACE

Find a quiet and relaxing space and for 5 minutes close your eyes and imagine yourselves in a safe, calm and soothing place



3 MINDFULNESS

Encourage your child to use all their senses to try and connect with an activity that they are doing



4 BOX BREATHING

Use box breathing as a simple way to teach your child how to effectively engage in breathing techniques



5 DEEP BREATHING

Deep breathing is a great technique to help your child calm both their mind and body



6 EXERCISE

Play or engage in some exercise with your child. This is great for boosting mood and reducing stress and anxiety



7 3 GOOD THINGS

Each night before bed encourage your child to write down 3 good things they have achieved from their day and what it says about them as a person



8 SELF SOOTHE BOX

Create a self soothe box with your child. This is a box that includes items which connect to all your senses and help calm you down during times of distress. E.g. smell - a scented candle, sight - a picture that evokes a positive memory



9 SCHEDULE

Use an activity schedule and work with your child to schedule things into their week which provides them with a sense of pleasure, achievement and connectedness



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